



MISS CLAIRE MELLON & ASSOCIATES

Miss Claire Mellon - Obstetrics Package Information

The Portland Hospital Consulting Rooms

4th Floor, 212 Great Portland Street, London, W1W 5QN

 admin@clairemellon.co.uk |  020 7390 6225

Full Obstetrics Package with Miss Mellon – £13,500

This all-inclusive package covers the doctor's fees:

- Antenatal care from **16 weeks gestation**
- Labour and delivery
- Postnatal check-up at 6 weeks (includes contraception discussion and smear test)

Payment Schedule:

- £6,750 at 20 weeks
- £6,750 at 34 weeks

Insurance:

We can provide a breakdown of costs if required. Please note that insurance usually only covers certain complications.

Additional Charges:

- The Portland Hospital fees are charged for separately and in addition
- Early pregnancy assessment (6–7 weeks): £350 with one of the associates
- Hospital admission before birth (if prolonged): May incur extra fees
- Other hospital services, scans, pathology, anaesthetist, and paediatrician: Billed separately
- Anaesthetist: approx. £1,450

 Payment accepted via bank transfer or credit/debit card

 See [The Portland Hospital](https://www.portlandhospital.com) website for hospital-related fees (also from page 6)

Delivery-Only Package – £9,000 delivery fee + £500/appointment

Ideal if you're receiving antenatal care elsewhere but wish to deliver with Miss Mellon.

Care plan:

- Delivery with Miss Mellon
- Minimum 2 antenatal consultations
- Postnatal review at 6 weeks



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Cost Breakdown:

- £9,000 delivery fee
- £500 per appointment
- Payment due at 34 weeks

Additional charges:

- The Portland Hospital fees are charged for separately and in addition
- Anaesthetist fee: Approx. £1,450
- Other hospital services, scans, pathology, anaesthetist, and paediatrician fees are billed separately

Antenatal Care Timeline on page 4

Routine Tests (Charged Separately)

Blood Tests:

- Routinely at early pregnancy assessment and 28 weeks (additional tests may be required if medical indication)
- Bloods throughout pregnancy: from **£1,000**

Ultrasound Scans:

- **Harmony/NIFTY Test:** 10 weeks
- **Nuchal Scan:** 11–13 weeks
- **Anomaly Scan:** 20 weeks

Recommended Provider:

- **Ultrasound Diagnostic Services (UDS)**
148 Harley Street, London W1G 7LG
☎ 020 7935 2243 | 🌐 www.uds.uk.com

Growth Scans:

- Included at every visit with Miss Mellon

Cover Arrangements

Miss Mellon may be away one weekend a month and for occasional professional commitments. Cover is always arranged with a trusted colleague at the Portland Hospital.



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Out of Hours & Emergencies

- **Portland Hospital Labour Ward:** ☎ 020 7390 8274
- Once booked, you'll receive Miss Mellon's personal mobile (for emergencies only)

For all non-urgent matters:

- ☎ 020 7390 6225
- ✉ admin@clairemellon.co.uk
- **Office hours:** Monday to Friday 9am – 5pm



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Antenatal Care Timeline

6-7 weeks	Early pregnancy assessment and scan with Associate of Miss Claire Mellon (additional cost of £350) Blood tests
10 weeks	Non-Invasive prenatal testing done at UDS (Ultrasound Diagnostic Services)
11-13 weeks	Dating scan & Nuchal translucency test done at UDS
16 weeks	Initial appointment with Miss Claire Mellon and Growth Scan Booked in to the Portland Hospital
20 weeks	Anomaly scan done at UDS Initial 50% of obstetrics package due
24 weeks	Appointment with Miss Mellon and Growth Scan
28 weeks	Appointment with Miss Mellon and Growth Scan Midwife booking appointment at the Portland Hospital Blood tests
32 weeks	Appointment with Miss Mellon and Growth Scan Swab for GBS  Flu  Whooping Cough  Anti-D (if required)  RSV
34 weeks	Appointment with Miss Mellon and Growth Scan 50% balance of obstetrics package due
36-40 weeks	Weekly appointments with Miss Mellon Growth scans until delivery
Postnatal	Review, contraception discussion, and smear test



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TERMS AND CONDITIONS OF CONTRACT FOR OBSTETRICS CARE WITH MISS CLAIRE MELLON

These Terms and Conditions constitute the contractual agreement between the patient and Miss Claire Mellon for the provision of private obstetrics care and delivery. By confirming your booking for obstetric services with Miss Mellon, you acknowledge and accept the terms outlined below.

1. Commencement of Care

Miss Claire Mellon assumes responsibility for your obstetric care from 16 weeks of gestation onwards. Prior to this, early pregnancy care (including assessments and referrals for any prenatal testing) will be provided by associates within Miss Mellon's practice.

2. Initial Antenatal Consultation

An antenatal consultation with Miss Mellon will take place at or after 16 weeks of gestation. A full timeline of the obstetric care pathway will be provided in advance of booking. This information is also available on the practice website. www.clairemellon.co.uk

3. Availability and Weekend Cover

Miss Mellon is unavailable for one weekend per calendar month. These dates are typically arranged well in advance and will be communicated to you accordingly. However, they may be subject to change.

Miss Mellon works collaboratively with a team of consultant obstetricians who provide mutual cover during periods of absence. The covering consultants may include:

- Mr. Patrick O'Brien
- Mr. Ian Chilcott
- Miss Dana Touqmatchi

A rota is scheduled in advance for weekend and on-call coverage, and you will be advised of the covering consultant if your estimated delivery date coincides with Miss Mellon's time away.

4. Annual Leave and Holiday Arrangements

Miss Mellon schedules annual leave as far in advance as possible. Upon booking, you will be advised of any scheduled leave that may coincide with your due date. If such overlap occurs, a formal notification letter detailing cover arrangements will be sent to you via email.

5. Payment Terms

Full payment for all obstetric services is required prior to delivery. If you are enrolled in the obstetric care package, the payment schedule is as follows:



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- 50% of the package fee is due at 20 weeks of gestation
- The remaining balance is due at 34 weeks of gestation

Delivery fees must be settled in full prior to delivery. Failure to make full payment may result in the cancellation of your hospital admission.

For patients with private medical insurance, a valid authorisation number must be provided in advance. It is the patient's responsibility to confirm coverage and ensure that all relevant authorisations are obtained.

Accepted UK Insurers
AVIVA
AXA PPP
BUPA
Exeter Family Friendly (AXA)
Freedom Health (AXA)
Health On Line (AXA)
Simply Health (AXA)
WPA
Accepted International Insurers
AXA PPP International
BUPA Global

6. Acceptance of Terms

By confirming your booking with Miss Claire Mellon for obstetric care, you confirm your understanding and acceptance of the above terms and conditions.

Self-funding hospital delivery fees

For consultant-led care 2025

As the only fully private maternity hospital in the UK, The Portland Hospital places great emphasis on safety and choice, as well as providing a bespoke service to ensure you and your partner are looked after throughout pregnancy and birth.

The packages cover the delivery of your baby at The Portland Hospital, and **do not include consultant professional fees** as consultants are independent of the hospital and their fees vary accordingly. To discuss these packages, please call our dedicated maternity services enquiry line on **020 7390 6068**.

Consultant Obstetrician professional fees up to £12,000 for antenatal care from 10 weeks of pregnancy, including routine appointments, delivery and postnatal 6 week check (in addition to the below delivery package prices, paid directly to the Consultant Obstetrician).

Standard deposits will apply, please see additional information section below	Consultant-led care		
	Normal delivery	Emergency C-section	Elective C-section
	£8,910	£10,410	£10,215
Blood grouping at booking clinic appointment	✓	✓	✓
Resident obstetric anaesthetist	✓	✓	X
Consultant-led delivery	✓	✓	✓
Midwife booking appointment at hospital	✓	✓	✓
24-hour stay from admission	1	1	1
Theatre fees covered	N/A	✓	✓
Midwife care throughout delivery and postnatal stay	✓	✓	✓
Newborn baby check with consultant paediatrician	✓	✓	✓
Newborn nursery care during your stay (subject to availability)	✓	✓	✓
Baby's first three nights in NICU, if treatment is required*	✓	✓	✓
Accommodation, complimentary breakfast and dinner for partner	✓	✓	✓
24-hour room service for new mother	✓	✓	✓
Afternoon tea (served daily during your stay)	✓	✓	✓
Postnatal physiotherapy and six-week check for mother	✓	✓	✓
Complimentary hospital gift on discharge	✓	✓	✓
Access To The Portland Hospital education app	✓	✓	✓

Additional charges

- **Additional nights** - For new mothers wishing to stay at The Portland Hospital a little longer after giving birth, our prices for additional nights, once you pass midnight, are as follows:
 - Standard room - £1,250
 - Deluxe room - £1,850
 - Suite - £2,250
 - Premier suite - £3,340Room upgrades are subject to availability
- **Epidural (if required)** £995 (plus £85 for each top-up). This covers the anaesthetist and relevant drugs for a normal delivery or emergency C-section
- **Instrumental delivery** - If you require a ventouse or forceps delivery, a charge of £500 is applied.
- **Induction** - If you require an induction, a charge of £635 is applied.
- **Multiple pregnancies** - If you have a twin or triplet pregnancy there will be an additional charge of £500 applied to the package.
- **Investigations**, including histology, pathology and any scans needed, will be charged in addition.

Additional information

- Group and Save (blood group) is included at booking clinic. Any additional blood tests will be charged extra.
- If you are having an elective C-section, please pay your consultant anaesthetist fee directly.
- All booked patients are guaranteed a standard room upon admission. Room upgrades are subject to availability.
- All prices are effective from 1st June 2025 and are subject to change as the market dictates. Please note that the price you will be required to pay is the price pertaining at the day of admission, not at the date of booking. All prices are inclusive of VAT unless otherwise stated.

Deposits

A deposit will be collected from you 12 weeks in advance of your estimated delivery date. You will be liable for any additional costs incurred that are not specified in these maternity packages.

We request a standard deposit for the following:

- Normal delivery = £10,000
- Caesarean section = £11,500
- Non EU deposit = £20,000

A final invoice will be calculated once you have been discharged, any difference will be refunded, or requested.

Loyalty births at The Portland Hospital - we are delighted to offer a 10% discount to mothers who have previously delivered at The Portland Hospital. This will be applied to all package prices and additional night stays. The discount also applies to patients who were born at The Portland Hospital.

We require all patients to provide a debit or credit card as part of their registration process. These details will be requested either over the phone or when you attend your appointment or admission. These card details will be kept securely for up to three months. We will let you know if we intend to take a payment from this card before we do so.

Prenatal tests and scanning

The Portland Hospital's Obstetric Ultrasound and Fetal Medicine department offers specialised tests, scans and blood sampling that your maternity care team may recommend. This includes non-invasive prenatal blood tests, although please note this is not included in the package price. To discuss or book one of our prenatal screening packages, please call our Imaging department on **020 7390 6350**.

Neonatal care

"If you are a self-pay patient, we will cover the first three nights of NICU for unexpected admissions. Please note, as your baby's care steps down from needing NICU, charges will apply. Our Admissions team will advise of applicable charges. For readmissions, charges will apply. If you have private medical insurance and your baby is admitted to the NICU, we will contact your insurer to confirm this can be covered. Once this has been confirmed, we will invoice your insurer for your baby's care.

Antenatal and postnatal care

For patients who receive antenatal or postnatal care at The Portland Hospital, which falls outside of the self-pay maternity package, charges will apply. Our self-pay team will provide a quote based on the treatment required.

Insured patients

If you have private medical insurance, please notify us by calling **0207 390 6068**, prior to your first booking appointment, so we can discuss and advise on our billing procedure. To enable direct billing, please provide our patient access team with your insurance details and a letter from your insurer confirming cover.

Package prices and loyalty discounts do not apply and an itemised invoice will be issued. You are required to obtain appropriate authorisation from your insurance provider.

Please liaise with your insurance company prior to delivery to verify your newborn baby's post-delivery care on your policy. Please note that insurers only cover a standard room - upgraded rooms are on a self-pay supplement basis.



For more information, please email
info.portland@hcahealthcare.co.uk

W E L C O M E

Welcome to The Portland Hospital, the UK's only private hospital solely dedicated to the care of women and children. Your pregnancy and the birth of your child is an incredibly precious time and we're delighted you've chosen to have your baby with us.

At The Portland Hospital we pride ourselves on fully supporting our maternity patients. This includes providing information and content that will help guide you through your pregnancy and later years with your baby.

Essential Parent: a wealth of information

Your birth is a magical event, but the journey doesn't stop there. We are fully dedicated to supporting our maternity patients not just for your pregnancy and birth, but all the way through to your child's teenage years.

To support our mission, we have partnered with Essential Parent, an App containing a wide range of expert-led, evidence-based written and video content. The content starts with advice on getting pregnant and continues up until your child is 19 years old.

Each Essential Parent article and video is produced by a team formerly of the BBC Science department, and is guided by relevant medical experts in that subject.

- All breastfeeding and infant nutrition content has been produced with support from UNICEF UK Baby Friendly Initiative
- The infant first aid course is presented by the St John Ambulance
- Advice on pregnancy during the Covid pandemic is brought to you by the Royal College of Obstetricians and Gynaecologists
- Content on baby fevers was originally developed in association with paediatric members of the Royal College of Paediatrics and Child Health
- Information on looking after your child's teeth comes from the British Society of Paediatric Dentistry
- Individual consultants such as world-renowned Portland specialist consultant and gynaecologist Miss Claire Mellon have also partnered with the Essential Parent team to oversee the production of many of their articles

Essential Parent podcasts will also be available soon. All of this support comes to you as part of your Portland package, by way of the elegant and easy to use Portland App.

To access your Portland App, please click here:



Once you enter your baby's due date or birth date, the app will send you content that will support you every step of the way.



HOLISTIC BABY



Assisting mothers to have a peaceful pregnancy and birth. Helping to build a happy baby.

Ensure your journey to motherhood is balanced, healthy and relaxed with our reflexology package designed to work in tandem with your medical care, to nourish mind, body and spirit.

Our in-house reflexologist, Anabel Cutler is based on-site at Claire Mellon and Associates, just upstairs in our beautiful Wellness Space.

She specialises in maternity and post natal care. Using a mixture of foot reflexology, facial rejuvenation, reiki and meditation techniques to promote holistic well-being, she will gently guide you through your pregnancy journey, the birth and postnatal healing.

Anabel's techniques work to balance all the systems of the body by calming the nervous system and reducing stress levels. Reflexology can help with:-

Regulating hormones

Enhancing blood circulation

Relieving back and pelvic pain

Regulating morning sickness

Reducing anxiety

Encouraging better sleep

These benefits are particularly valuable during your pregnancy, where hormonal fluctuations and physiological changes can really impact your overall well-being.

Anabel is available to assist with reflexology before and after birth. She can even come to your bedside at The Portland Hospital by prior arrangement.

You are welcome to book treatments individually, or enjoy a 10% discount when you buy one of our packages. See below for details.

85 minutes – £175 55 minutes – £125

1 x Introductory Treatment (85 minutes) – £175

This includes a detailed consultation so that Anabel can assess your needs and build a bespoke treatment plan for you. Drawing on a range of techniques from her toolbox – including cranial reflexology, reiki, gua sha and facial rejuvenation – she will tailor your session to support you and your baby.

Om Package – £382.50

1 x Introductory treatment (85 minutes)

Includes consultation, facial rejuvenation and foot reflexology.

2 x Foot reflexology treatments (55 minutes).

Shanti Package – £720

1 x Introductory treatment (85 minutes)

Includes consultation, facial rejuvenation and foot reflexology.

5 x Foot reflexology treatments (55 minutes).

Ananda Package – £1,575

10 x 85 minute sessions of facial rejuvenation & foot reflexology.



www.clairemellon.co.uk/anabelcutler
Gift vouchers are available on request.